



Ethnopharmacology

Edited by

Michael Heinrich and Anna K. Jäger

GOLPES

Para este tipo de dolencias, se recomienda utilizar las siguientes plantas medicinales:

✓ *Solda consolda*, *romero*, *apazote*, *salvia virgen*, *azul de mata* y *ruda*.

• Todo este cocimiento de hierbas se macera en alcohol.

TRASTORNOS MENSTRUALES

• Para este tipo de molestias se recomienda tomar las siguientes plantas:

✓ *Ruda*, *hojas del milagro*, *guarumo*, *cañahuate*.

ÚLCERAS ESTOMACALES

• Para combatir estos síntomas se recomienda utilizar las siguientes plantas:



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Edited by

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